

Holy Angels Novitiate

21077 Quarry Hill Rd
Winona, MN 55987
(507) 454-8000

Men's Ignatian Retreats
June 15-20, 2026
August 24-29, 2026

Retreat Registration Form

There is no on-line registration for 2026. Please complete this form and email it back to the Novitiate or send by mail.

Notice: Registration is limited to 30 retreatants. The registration closes once this number is reached.

The total donation for a retreat is \$250.00 dollars. Minimum Age 18

In the event that you must cancel your registration for a particular retreat your monies will be refunded to you, less \$50.00 dollars for cancelation fee. Your registration is not transferrable to another nor can it be used for a future retreat.

If you are under a doctor's care for serious medical issues, please contact Fr. John Young at the Novitiate prior to registering.

Date of the retreat you wish to make: ____ / ____ / ____
MM DD YYYY

First Name _____ Last Name _____ Age ____

Spouse's First Name, if applicable _____

Street Address _____

City _____ State _____ Zip _____

If outside the U.S.A., name of country _____

Home Phone (____) _____ Cell Phone (____) _____ Email _____

Have you told your pastor you are going on retreat? _____

What parish do you attend? (Include city and state.) _____

How many Ignatian retreats have you made with the Society of St. Pius X? _____

This is my first retreat. This is my ____ (2nd, 4th, etc.) retreat.

I am a non-Catholic I am an employee of the SSPX

I will need a room on the 1st floor. I have special handicap needs

If you have special dietary needs, please explain: _____

Contact information in case of emergency: Name: _____

Phone: (____) _____

Extra Meals

Do you expect to be present for Supper on Sunday? _____ (yes or no)

Do you expect to be present for Lunch on Saturday? _____ (yes or no)

Mode of Transportation

1. Car Carpool

I (we) will arrive at the Novitiate on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

I (we) will depart the Novitiate on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

If carpooling, provide the names of those traveling with you: _____

Bus Company: _____ Station: _____

I will arrive at the station on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

My bus departs the station on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

(When you arrive at the station, call us and we will dispatch a driver)

Train Company: _____ Station: _____

I will arrive at the station on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

My train departs the station on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

(When you arrive at the station, call us and we will dispatch a driver)

2. **Plane** (arrivals in Rochester, MN or LaCrosse, WI only) **We will not make pick-ups at MN/SP.**

Note: No pick-ups after 8 p.m.

Arrival: Airport: _____

Airline: _____ Flight # _____

Record Locator number: _____

____ / ____ at ____ : ____
MM DD HH MM AM / PM

Note: No Departures before 12:30 p.m.

Departure: Airport: _____

Airline: _____ Flight # _____

____ / ____ at ____ : ____
MM DD HH MM AM / PM

3. **Shuttle** (after flight arrivals at Minneapolis/St. Paul)

My shuttle will arrive at the Kahler Hotel on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

My shuttle will depart the Kahler Hotel on: ____ / ____ at ____ : ____
MM DD HH MM AM / PM

Please contact us in case of delay: (507) 454-8000

holyangelsnovitiate@fsspx.email

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The following is some basic information you will need for your travel plans and stay at the Novitiate.

1. Planning your trip

There are several options available for arriving at the Retreat House depending on your location.

- Bus: Greyhound and Jefferson Lines make stops in Winona
- Train: Amtrak makes stops in Winona
- Shuttle Bus: Rochester Shuttle Service 888 – 998-9098 and Groome Transportation 507-280-9270 will drive you from Minneapolis-St. Paul International Airport to the Kahler hotel in Rochester.
- Flights: See below.

2. Arranging your flights

When booking your airline ticket, you have the option of flying into Minnesota's Rochester airport (RST), Wisconsin's LaCrosse airport (LSE), or Minnesota's Minneapolis-St. Paul airport (**MSP**)*. Schedule your flight or shuttle to arrive on the Sunday before the retreat, anytime between **12:00 pm and 8:00 pm** for Rochester or LaCrosse, or between **10:00 am and 4:00 pm** for Minneapolis-St. Paul. Special permission is required to arrive on Monday since the retreat commences at **9:00 am**. In booking your return flight or shuttle, your departure should be any time after **12:30 pm** for LaCrosse or Rochester, or after **3:30 pm** for Minneapolis-St. Paul. The retreat ends about **10:30 am** on Saturday, which should provide ample time to arrive at the airport.

3. Transportation from the airports

LaCrosse or Rochester: One of our drivers will be at the airport to pick you up at the arrival area (these are relatively small airports). Upon your arrival, please call the Novitiate to confirm that your driver has been dispatched.

***Minneapolis-St. Paul: The Novitiate is not responsible for transportation from Minneapolis-St. Paul.** You may take one of the shuttle services listed above to the Kahler hotel in Rochester, MN. From there we will have a driver pick you up. When you make your flight reservations, book a round trip on one of these shuttles from Minneapolis-St. Paul to Rochester's Kahler hotel. As of February, 2023, the price of a round trip is around \$90 dollars, a little less for senior citizens. Rochester Shuttle Service also gives discounts to the military as well as EMTs, firefighters, and police officers.

In making reservations for your return trip on the shuttle, be sure that your departure time is no earlier than 12:00 pm. The shuttle ride from Kahler to Minneapolis-St. Paul is slightly over an hour and a half. The shuttle service area at Terminal 1 is near the Green/Gold parking ramp; pickup at Terminal 2 is at the ground transport center across the pick-up road. *You may have to call the shuttle*

company when you arrive to confirm that there will be a pick-up at Terminal 2. Ask for directions in the airport once you arrive.

4. Your arrival at the Novitiate

When you arrive at the Novitiate, check in at the main office with the secretary, who will have your room already assigned. (Each retreatant will have his own room, including a sink; but there is a common bathroom for each floor.) **You will be asked to leave your cell phone in the main office to avoid distractions during the retreat. Internet access or cell phone use is not allowed during the retreat.** Should you have any questions concerning your room or accommodations, please leave a note with the secretary and it will be handled promptly.

5. Things to bring

Personal toiletries – Alarm clock – Rosary – Missal – Bible (we have NT for loan) – Divine Office (if you wish) – and some spiritual reading. During the retreat you will use the book *Christian Warfare* which we will lend to you for the retreat. You may, however, purchase one from our bookstore and the Imitation of Christ. These and other books may be purchased in the bookstore after the retreat.

6. Additional information

- Strict silence is maintained throughout the retreat. Therefore, please do not bring such items as laptop computers, radios, I-Pods, I-Pads, MP3 players, etc. that could be a source of distraction to others. You will appreciate the silence once you arrive!
- Men are requested not to wear blue jeans and should have collared shirts.
- For the sake of those who may have allergies, please skip use of colognes. Your cooperation is greatly appreciated.

Should you have any questions, please contact us at:

Phone: (507) 454-8000

E-mail: holyangelsnovitiate@fsspx.email